Presidents' Good Steward Award



Dr. Penny Papanikolopoulou

Adjunct Faculty

Hellenic American University

Dr. Papanikolopoulou heads TACT Hellas (Training And Consultation Today in Hellas) and serves as Adjunct faculty at Hellenic American University. TACT Hellas (Training And Consultation Today in Hellas) is a non-profit organization which advocates mental health and supports individuals with disabilities. Established in Athens in 1999 as an extension of TACT UK, TACT HELLAS began operating as an independent organization in September 2005.

Penny Papanikolopoulou studied Psychology at a post-graduate level at Georgia State University and completed her doctoral studies at the University of Athens –Psychology Program. Following her studies in the USA, she worked at Grady Memorial Hospital, Atlanta, Ga. USA (within Emory University) in the Psychiatric Unit in the following departments: Psychiatric Emergency, Rape Crisis and Abuse Center, in the closed short-term recovery unit, as well as in the National Schizophrenia Rehabilitation Psychoeducation program. She also developed psychoeducational and counseling programs focused on substance abuse in the Georgia Corrections System. She was the Clinical Director of the "Theotokos" Foundation in Athens Greece from 1994 until 2010, responsible for the Psychoeducational Centre, Counseling program, Prevocational and Vocational training, and Vocational Rehabilitation for children, adolescents and adults with developmental impairments. She is currently an external Clinical Consultant to two non- government and non- profit organizations where she supervises clinical staff. She specializes in individual, group and family therapy and focuses her practice on Behavioral Approaches, EMDR (Eye movement Desensitization and Reprocessing), Acceptance Commitment Therapy and Neurofeedback –Brain Biofeedback.